

# SKILLS CHECK LIST

Apprentice Name: \_\_\_\_\_ I.D. # \_\_\_\_\_

Evaluator Name: \_\_\_\_\_ Date: \_\_\_\_\_

Facility: \_\_\_\_\_

**PLA/Task being checked: D: 3 Demonstrate Proper Rigging & Lifting Techniques  
Level: 2**

- \_\_\_\_\_ 1. Safety Practices:  
Safe Job Procedures  
Lockout/Tagout  
Housekeeping
- \_\_\_\_\_ 2. Tool/Equipment Usage:  
Proper Equipment  
Proper Tools  
Proper Usage
- \_\_\_\_\_ 3. Work Performed:  
Quality  
Organized flow to complete task  
Organized thought patterns and/or troubleshooting methods used

## Performance Objectives:

- 1. Check load for balance at low heights before raising it.
- 2. Begin raising loads at slow speeds.
- 3. Use eyebolts for straight up pulls.
- 4. Use chain link adjustments to level load.
- 5. Do not get under any load; be aware of pinch points.
- 6. Be aware of overhead or surrounding hazards prior to lift.
- 7. Notify others in work group before raising or lowering load.
- 8. Uses proper hand signals.
- 9. Checks equipment for wear / damage prior to lift.

Comments: \_\_\_\_\_

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## Skill Check Rating:

- Can apply competency to other tasks and possibly teach others.
- Can perform task without assistance.
- Can perform task with assistance.
- Can not perform task (requires comment)